



# BOOK REVIEW

FOR IMMEDIATE RELEASE

Contact: Paul Clemens

(530) 265-6925 PST

Complimentary Review Copies

Magazine/Newspaper Articles

Author Tour Schedule

Author Interviews/Seminars

***The Inner Palace: Mirrors of Psychospirituality in  
Divine and Sacred Wisdom-Traditions***  
by Mitchell D. Ginsberg, Ph.D.

Today when I returned home, a big parcel was awaiting me. It is nice to open such a thing and nice to be surprised. The parcel contained the two volumes of the second edition of *The Inner Palace* written by Mitchell Ginsberg, Ph.D. A line in his handwriting has been printed on the title page: "May your journey be a gift to you and to all those you touch." It is a blessing to receive such a parcel! Who will profit from such a book, a work that synthesizes a wealth of knowledge coming from very many first-hand source traditions? Is the answer to this question: the gnostics or the mystics? And what if we are better described by terms like accountants, people too dull to have an opinion about anything, or surfers, people who have an opinion about everything?

Do you remember that you had so many questions, but were afraid to ask them? We read in *The Inner Palace*: "You are here to learn...." This is the answer to your question why we are here. You also wanted to know: "What is the Mind?" and now you've got only to open the third gate (in this case, the third chapter) of *The Inner Palace*. When you open the door to higher consciousness, you are in fact occupied with the next chapter. If you do not want to wait to read the book in order to have a glimpse or rough idea of what is said there, then I will help you here, being familiar with the book, by telling you that the description of ego consciousness versus enlightenment consciousness will be interesting to you. When you know that Self-Importance (chapter 7) is a hindrance on the spiritual path and

if you really want to learn, then chapter 9 deals with the important question of "How to Take the First Steps." When someone like Rumi was saying about another Sufi that this Sufi had crossed the seven valleys of love, and told about himself that he still was at the first corner of the first street, then it is not beyond us to say that we still have got to take the first steps.

*The Inner Palace* is the work of a lifetime, written by someone who, in spite of all his knowledge and attainments, has remained a loving and kind person. Because of Mitchell's efforts we now know that *The Inner Palace* has twenty gates. (The book has twenty chapters.) Each of them opens up to a wealth of details and to many things which truly matter. The mirrors of psychospirituality in divine and sacred wisdom-traditions that we find inside of *The Inner Palace* may thus offer us a view of who were really are (gnostics, mystics, accountants or surfers?) and are thus a key to self-knowledge. To turn to another way of expressing things: "Everyone has become," according to Rumi (p. 74), "a gold seeker, but the ordinary do not know it when they see it. If you cannot recognize it, join a wise man." In case you cannot find a wise man, then read a book written by a wise man. Do you wish to get a title? My advice is to look for a book with a golden color and describing an inner palace.

**Mohammed Siraj**, Member of the Gudri Shahi  
Sufi Order and Moderator of the  
Chishtiyya Sufi on-line Discussion Group.

MAIL: P.O. Box 8 • Nevada City, CA 95959

SHIPPING: 12428 Nevada City Highway • Grass Valley, CA 95945

PHONE: (530) 265-6925 • FAX: (530) 265-0787 • ORDERS: 1 (800) 643-0765

E-MAIL: [bdolphin@netshel.net](mailto:bdolphin@netshel.net) • WEB SITE: <http://www.bluedolphinpublishing.com>